

## International Day of the Midwife 2021: Innovating to bring care around women & families

### NHS GRAMPIAN

#### Delivered on a new Maternity Services Website to improve communication with women & staff

- [www.birthingrampian.scot.nhs.uk](http://www.birthingrampian.scot.nhs.uk)

#### Developed & delivered a blended model of Core Mandatory Training

- Reconsideration of a longstanding, multidisciplinary training course (PROMPT) that would usually be delivered to 36 participants, and the CMT day which could usually take 20 participants
- Utilise technology in a way the department hadn't previously (MS Teams)
- Develop teaching resources to be used in both face-to-face and virtual settings
- Pilot delivery of PROMPT in October 2020, in a face-to-face setting with limited 'faculty bubbles'
- Face-to-face & virtual sessions of CMT launched November 2020

#### Implemented a one stop shop (OSS) for scanning

- Support women & colleagues by reducing face to face appointments during pandemic
- Enable community colleagues to have more time to facilitate quality discussions for women virtually

#### Evaluation of service

- 100% of women felt cared for
- 95% of women felt a good balance between virtual & face to face contact
- HCSW resource in scan department increased to accommodate significant increase in activity.
- Practice education supported HCSW re observations and venepuncture

#### Maintained our home birth service during pandemic

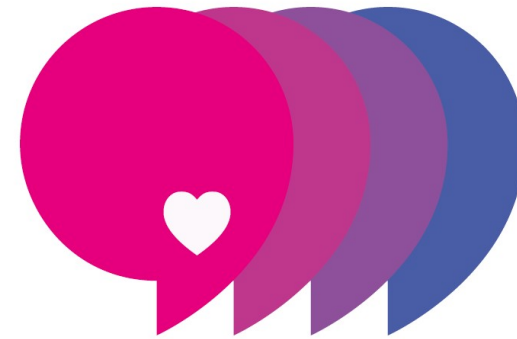
- Workforce planning
- Cross boundary cover on call
- Established a twice weekly home birth huddle
- Worked proactively with the local Home birth group - You Tube video [https://youtu.be/D\\_7IJx0ta4U](https://youtu.be/D_7IJx0ta4U)
- Home birth Infographic
- 1<sup>st</sup> March to date (April 2021) – 65 women had a home birth

NHS GRAMPIAN

# INNOVATING TO BRING CARE AROUND WOMEN AND FAMILIES

Welcome to the NHS  
Grampian Maternity Services  
Website

*This website is dedicated to providing information on maternity services offered in Grampian. We are here to support you throughout your pregnancy, during the birth of your baby and in the early days after your baby is born. We aim to provide the best possible care to families across Grampian.*



**GRAMPIAN**  
**Maternity Voices**  
**Partnership**

NHS GRAMPIAN

# INNOVATING TO BRING CARE AROUND WOMEN AND FAMILIES

## Contents

1. Choosing a Homebirth
2. What does the research say?
3. Pain relief options at home

[Return to: Where can I choose to have my baby](#)


## Choosing a Homebirth

There are many reasons you may choose to give birth at home and anyone can choose to have their baby at home. You do not need to have a big home or anything additional to choose a homebirth. If you are considering having your baby at home you can discuss this with your midwife at any stage during your pregnancy, they will be happy to answer any questions you may have to help you make a choice that feels right for you and your family.

The Royal College of Midwives and the Royal College of Obstetricians and Gynaecologists support home birth for women with uncomplicated pregnancies and suggest it may have considerable benefits for them and their families. If you're at an increased risk of complications you may be advised to give birth on the labour ward but it's still worth discussing your options with your midwife as the choice is yours. Wherever you choose, the place should feel right for you.



YouTube <sup>GB</sup> Search



# Home Birth Grampian

The Mums of Home Birth Grampian want to say  
**THANK YOU**  
to  
NHS Grampian's Midwives for keeping our Home Birth  
service open during Covid-19

NHS Grampian Community Midwives - Thank You from Home Birth Grampian

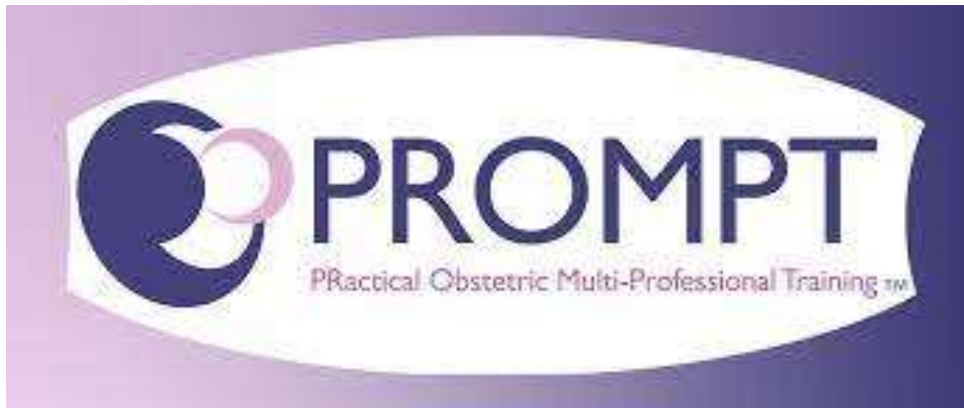
791 views • Feb 23, 2021

11 0 SHARE SAVE ...

# INVESTING IN MIDWIVES AND STUDENTS



# INVESTING IN MIDWIVES AND STUDENTS



For more information about the work of our  
Midwives in NHS Grampian, please contact  
[amanda.gotch@nhs.scot](mailto:amanda.gotch@nhs.scot) or  
[karen.stewart3@nhs.scot](mailto:karen.stewart3@nhs.scot)