



## Happy Easter!

Welcome to issue number 5 of the Scottish Perinatal Network's newsletter.

It has been a very busy 2021 so far for all, and we hope you find our newsletter a useful means of keeping up to date with the work of the Scottish Perinatal Network, wider national developments and future conferences and training opportunities.

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# National Maternity Network Update

## Remote and Rural

Scotland is a country with some very remote and rural areas which, beautiful as they are, can be intimidating places to be when urgent obstetric or neonatal care becomes necessary.

The National Neonatal Network has been working alongside ScotSTAR for some months to improve care when new babies require transfer from these remote areas in acute situations.

More recently, the National Maternity Network team have begun supporting the work of a Best Start remote and rural working group, to develop parallel user-friendly materials to support maternal transfer. The materials will aim to help midwives in acute situations assess women for appropriateness and urgency of transfer and, where appropriate, easily access the multidisciplinary help they need to move women safely and in a timely way.

The materials will shortly be shared with Heads of Midwifery and the Obstetric Clinical Leads across Scotland to seek their input. They will then move into an initial testing phase before hopefully a wider roll out later in the year.

We'll keep you up to date with progress and if you come across any of the new materials in your practice please feedback to us on the evaluation forms that will accompany them.

Thank you!

## Management of Maternal Pyrexia of Unknown Origin in Labour

A recent serious adverse event review in a Scottish Health Board highlighted differing clinical interpretation and application of guidance around the treatment of maternal pyrexia in labour; resulting in inconsistent practice.

Concerns were discussed at the National Obstetric and Gynaecology Clinical Leads group and the National Maternity Network was asked to develop and recommend a standardised approach to operationalising the existing evidence base.

A group including senior obstetric, midwifery and neonatal colleagues from across Scotland has formed and met for the first time in March. The group, chaired by Dr Evelyn Ferguson from NHS Lanarkshire, will look to publish guidance which will be recommended for national use by early autumn.

# National Neonatal Network Update

## Data Sharing Event

The Neonatal Network held its first virtual data sharing event in March. This was extremely well attended with shared learning and presentations from units across the country. It was a really collaborative afternoon with an opportunity to review Scottish NNAP data prior to final submission on 31st March.

## Review of Deliveries <27 Weeks in Non NICUs

A Scotland wide perinatal review of deliveries < 27 weeks delivered out with NICUs during 2020 is planned for early summer. Whilst some of these deliveries may have been unavoidable there may be learning on missed opportunities for an in-utero transfer to a NICU. Such reviews are a NNAP recommendation for Networks. A date for this event will be circulated shortly. The Network team have been in communication with ODNs in England on their experience and processes for exception reporting which we hope to start by late summer on a quarterly basis.

## AHP Forum

A scoping meeting took place in February with a first meeting planned for April 2021. The first remit of this group will be developing a communication network for AHPs across the country and a scoping exercise on AHP numbers and resources across units recognising the existing variation. This forum is open to all AHPs.

## Meeting Schedule for April 2021

- 🗓️ **Covid-19 Planning Call** (now monthly occurrence)  
Thursday 1<sup>st</sup> April, 11.30-12.30
- 🗓️ **AHP Forum**  
Thursday 15<sup>th</sup> April, 10.00-11.00
- 🗓️ **Term Respiratory Failure Pathway/Guidance Meeting**  
Tuesday 27<sup>th</sup> April, 3-4
- 🗓️ **Wider Follow up Group Meeting**  
Wednesday 28<sup>th</sup> April, 3-4
- 🗓️ **Escalation Process and Cot Capacity Working Group**  
Thursday 29<sup>th</sup> April, 2-3.30

# Perinatal News



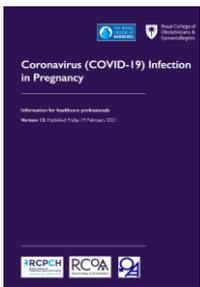
## Technology-led Patient Care at NHS GG&C Scoops Award

Digital technology has been used to transform patient care this past year at NHS Greater Glasgow and Clyde, supported by the West of Scotland Innovation Hub. The hub is hosted by NHSGGC, which brings together NHS clinicians, ehealth and research and innovation staff to facilitate service redesign and transform patient care.



To find out more please visit, [The West of Scotland Innovation Hub](#)

## Version 13 of the RCOG/RCM Guidance, and Briefing from RCM Summarising Key Changes



Version 13 of the overall COVID-19 in pregnancy guidance published Friday 19<sup>th</sup> February 2021. [Link to Guidance](#)

To help digest the key changes the RCM has developed a briefing summarising the central key changes, and focussing on growing evidence that pregnant women are more likely to become severely unwell with COVID-19 than non-pregnant women, particularly in the last Trimester. [Link to Briefing](#)

## Perinatal Development Adviser Secondment Opportunity

### **Information shared on behalf of Ruth Christie, Workstream Lead - Children, Young People, Families and Relationships, Scottish Government**

Applications are invited for a two year secondment to Scottish Government Mental Health and Social Care Directorate from individuals with experience of strategic and operational planning within Health Boards. The Development Adviser will work between the Perinatal and Infant Mental Health Programme Board, the Perinatal Mental Health Managed Clinical Network and the Scottish Government Perinatal and Early Years Policy Team to support implementation of specialist community perinatal mental health services.

**Closing date:** Friday 16<sup>th</sup> April. **For more information:** Contact Ruth Christie [ruth.christie@gov.scot](mailto:ruth.christie@gov.scot)

## Perinatal Mental Health Network Scotland (PMHNS)

The PMHNS recently shared some useful information about [Specialist Perinatal Mental Health Professionals - Role Definitions & Support Structures](#) on their website. There is also a great document about the role of a [PMHNS Perinatal Mental Health Peer Support Worker](#).

# Save the Dates

## Durham Infancy and Sleep Centre Virtual Conference - Wed 21 April

Durham Infancy and Sleep Centre presents

### Research Update Showcase

We will be holding a **Virtual Conference** on

### April 21st 2021 1 - 4pm

with live online discussion hosted by Professor Helen Ball

Registration fee **£5** to support the Baby Sleep Info Source

Catherine Taylor	What are parents' perceptions of baby boxes and how are they using them?
Alice-Amber Keegan	Parent's experiences of using an in-bed cot to facilitate close postnatal contact in a UK birth centre
Allison Dixley	Does swaddling affect breastfeeding?
Lenka Medvecová	Sleep talk: how language influences and is influenced by infant sleep practices
Michele Freed	Informed(?) choice: decision-making around management of the third stage of labour in midwife-led care
Andrea Silva Caballero	Are tired teenagers a global phenomenon? The effects of biology and socio-cultural life on adolescent sleep timing in two non-WEIRD societies

For more information and to sign up, please visit:  
[tinyurl.com/discshowcase21](http://tinyurl.com/discshowcase21)

**Basis** Baby sleep info source

**Durham University** Infancy & Sleep Centre

Hosted by Professor Helen Ball, this will be a 'You Tube Premier' event with live chat on the following topics:

- Baby boxes; Parent perceptions
- In-bed cot; Parent experience
- Swaddling and breastfeeding
- Informed choice; Decision making and management of third stage of labour in midwife-led care
- Tired teenagers

Registration fee £5 to support the Baby Sleep Info Source.

[Register HERE](#)

Conference link will be sent to registered participants by 5pm on Monday 19 April.

## Maternal Medicine Symposium - Wed 28 April

Hosted by Royal College of Physicians Edinburgh, the symposium will focus on medical problems in pregnancy such as Cardiac and Respiratory Disease, Infections, Epilepsy and Diabetes, and will explore collaborative cross-disciplinary working, optimising the management of problems and reducing the fear factor for acutely unwell pregnant women.

[Register HERE](#) [#rcpeMaternal21](#)



## Best Practice in Antenatal Care for Multiples - Thur 29 April

**Twins trust.** We support twins, triplets and more...

### Best Practice in Antenatal Care for Multiples

a FREE online learning opportunity for clinicians

Optimal MDT care of twin pregnancies  
Dr Janice Gibson

TwinsTrust Maternity Engagement Project  
Jane Gorringe

Thursday  
29 APRIL  
6pm-7pm

**BOOK NOW:**  
[twintrust.org/scotland-bestpractice](http://twintrust.org/scotland-bestpractice)

**Twins trust.** We support twins, triplets and more...



A one-hour free webinar for health professionals in Scotland, Dr Janice Gibson will discuss optimal MDT care of twin pregnancies. You will hear about the rationale behind updates to the NICE guidance and lessons learned from the recent MBRRACE confidential enquiry into perinatal loss in twin pregnancies.

The Twins Trust Maternity Engagement Team works with maternity units across the UK to ensure multiple pregnancy families receive the best level of clinical care. Jane Gorringe, Project Head, will present on the Maternity Engagement QI project and how it ensures the best outcomes for twin and other multiple pregnancies through consistent delivery of care, in line with NICE Guideline 137 (NG137) [Register HERE](#)

## REaSoN Neonatal Meeting - Mon 28<sup>th</sup> & Tues 29<sup>th</sup> June

With the ongoing uncertainty of the COVID-19 pandemic, the organising committee have decided to run the 2021 REaSoN Neonatal meeting as a virtual event again. Participants are invited to submit abstracts of original work for the following 3 abstract streams:

- Fisher and Paykel Session
- Quality Improvement Session
- Service Development by a Nurse or Nursing Team Session

For more information on poster criteria/submission, please visit, [Abstract Portal](#)

[Register HERE](#)



**We value your feedback to help us make the newsletter work for you.**

**Please forward any comments or suggestions to us at, [nss.perinatalnetwork@nhs.scot](mailto:nss.perinatalnetwork@nhs.scot)**

**Follow us on Twitter and please get in touch to let us know of anything you'd like us to support you with via Twitter [@ScotPerinatal](#)**