**Appendix 8: Home Blood Pressure (BP) Monitoring in Pregnancy Study**

**Consent to contact form**

The Scottish Government is supporting NHS boards across Scotland to implementation BP self-monitoring in pregnant women who are either shielded or at increased risk of complications of high blood pressure of pregnancy during the current COVID-19 pandemic. A small number of women will be invited to take part in a short telephone interview with a researcher to find out how they are getting on with home BP monitoring. This will help us to improve the service to women.

As you are being given a home BP monitor we would like you to consider agreeing to take part in an interview. You do not have to agree to take part and this will not affect your care. We are not asking you to decide now.

We are asking you to give permission for us to pass your contact details and some information about you, to a researcher from University of Stirling. They will keep your information confidential. They may then send you more information about the interviews and contact you by telephone or email to answer any questions and invite you to take part.

**What will happen if I take part?**

You will be contacted to arrange a convenient date and time for the interview, which will be a one-to-one conversation with a member of the research team by telephone. It is anticipated that your interview will last about 20 minutes, although this will depend on how much you have to say. The questions will all be about how you are getting on with your BP monitor. You can stop the interview at any time.

I give permission for the information below to be passed to the researcher at University of Stirling

I consent to be contacted about a possible telephone interview.

Name Gestation

Age Parity (number of pregnancies)

Address

Post code

Email: Telephone:

Signature: ­­­­­­­­­­­­­ Staff Name

Date: Staff signature:

**Please pass all consent to contact forms to the Lead Midwife for home BP monitoring in your maternity unit. University of Stirling will contact the Lead Midwife to arrange secure collection of the completed forms prior to commencing the research.**